



SCALLOPS

ROASTED IN ROE BUTTER WITH

Westlands Sorrels



[Click here to order product](#)



Lucky Sorrel

Ingredients

- 2 large scallops, in their shell including the roe
- 60g unsalted butter
- Salt to taste
- 8 leaves Burgundy Wood Sorrel
- 8 leaves Plum Wood Sorrel
- 8 leaves Green Wood Sorrel
- 8 leaves Lucky Sorrel
- 8 leaves Micro Leaf Lemon Sorrel

Method

Open the scallops, remove the roes and set them aside for later. Clean the rest of the scallop discarding the frill and set the scallop muscle back into its shell. Leave uncovered in the fridge.

Place the roes on a baking tray lined with a silicone mat or baking parchment. Bake in an oven on it's lowest setting (30°C-50°C) until completely dried out and shrunken. Approximately 6 hours.

Blend the dried roes in a blender on its highest setting. Add all of the butter, season with a pinch of salt and blend until smooth. Store the butter in fridge until needed.

For the Sorrel vinegar;

Place the vinegar and sugar in a pan, bring to the boil and heat for 5 minutes until fully dissolved.

For the Westlands Sorrel vinegar;

- 300ml cider vinegar
- 300ml caster sugar
- 240g Micro Leaf Lemon Sorrel (8 x 30g punnets)
- Rock salt to serve, moistened with a little water

Place all the mixed Sorrel Leaves in a bowl with the capacity to hold the vinegar as well. Pour the vinegar over the Sorrel Leaves then allow to cool completely. Refrigerate overnight.

Pass the vinegar through a fine sieve and store some in a small atomiser (spray bottle) for finishing the dish later. The remaining vinegar can be stored in a bottle sterilised with boiling water.

To cook the scallops;

Heat the grill to a high setting.

Prepare your moistened salt in two serving bowls. This will form a base for you to place the scallop shell on later.

Add half the butter to each scallop shell and grill until the scallop is charred and the butter has darkened. Approximately 2-3 minutes. Set the scallop on top of the serving salt within its shell.

Spray the scallop with the Sorrel vinegar (4 sprays). Garnish with all of the Westlands Sorrel Leaves. Enjoy immediately.



Golden Wood Sorrel

[Click here to order product](#)

